

Introduction and Achievement Summary



May 25, 2010

“Thought is the blossom

Language the bud

Action the fruit behind it”

Ralph Waldo Emerson

Inspiration leads to formulating and articulating concepts. Acting on it turns them into reality which allows us to enjoy its benefits.

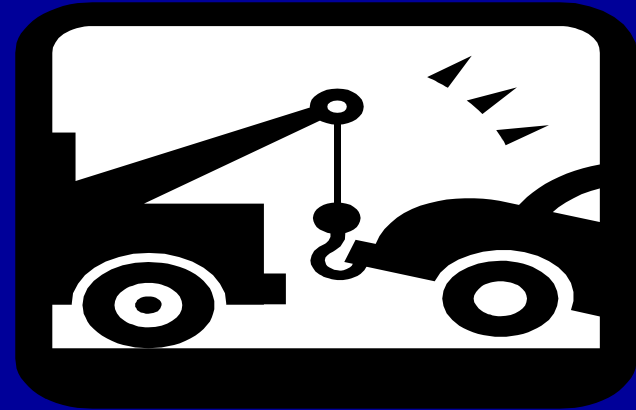
Our lives in new homeland

- We are very busy with
 - Personal life challenges
 - Family life growth and nurturing
 - Professional life opportunities
- We benefit from our connections with Social, Religious / Spiritual, Professional Organizations
- However, when we encounter emergency or urgent situation help, guidance and different set of expertise is needed to overcome difficulties.

Situations we may face



Medical - Health



Accident



Emergency



Death – Bereavement

Fulfilling unmet need(s)

When emergencies or urgent needs arise such as sickness, family crisis, hospitalization, death of a loved one, we need support.

Available resources consists of:

- Small Circle of friends and family
- They may or may not have the expertise or the time available to help
- Expanding this circle would be helpful

Available resources

- Individuals approaching or at retirement are valuable resource. They have a desire to help fellow community members in need.
- Young generation may have limited time but a unique and useful set of skills
- Leveraging existing local, state and other services agencies and their support

Indian Circle for Caring USA Inc., (ICC)



www.ouricc.org

Indian Circle for Caring USA Inc.,



Progress and accomplishments

- Clients and Families helped ---- 50+
- Volunteers available ---- 90+
- Organization support received ---- 35+
- Members ---- 2,300 +
- Health Care Proxy & Living will distributed ---- 5,500+



Direct Assistance

Provide community members with help for **urgent or emergency** needs, such as

- Sickness at home or hospital
- Health Care guidance and advocacy
- Family emergencies
- Death and Bereavement

Provide help face-to-face and/or by phone as appropriate.



Guidance & Information Access

Provide guidance and self help information on important issues on ICC's web site.

- Resource library for family care givers
- Handling an medical emergency
- In cases of catastrophic life altering events
- Proactive preventative steps for healthy living – vaccinations, immunizations etc.



Strategy

The following strategy is applied to increase awareness in the community, to build a bank of volunteers and encourage clients to seek help

- Work with existing organizations
- Use and leverage technology tools – internet and electronic communications
- Identify need and deliver innovative solutions for important issues
- Provide services and share case histories

Work with existing organizations



Following categories of organizations provide various forums to their members. Their support to ICC provide benefits to their members and community as a whole

- Social
- Religious / Spiritual
- Professional
- Services – NGO, State & Local Govt.
- Media – TV, Broadcast, Print

Social Organizations



Support and sponsorship received from the following organizations

Bangla-O-Biswa	Blackstone Valley India Society
Golden Club	Gurjar
Indian Assoc. of Greater Boston	India Soc. of Worcester
Indian Americans of Lexington	New England Marathi Mandal
Orissa Society of NE	Patidar Samaj of NE
Prabasi of NE	Telugu Asso. of Greater Boston
United India Association	



Religious & Spiritual Organizations

Support and sponsorship received from the following organizations

BAPS, Atlanta, GA	Brahma Kumari
Gayatri Parivar	Jain Center of Greater Boston
Jain Center of Northern California	Jain Sangh of New England
New England Hindu Temple	SATSANG Center
Vishwa Hindu Parishad	



Professional Organizations

Support and sponsorship received from the following organizations

Indian Medical Assoc. of New England	Net IP
South Asian Bar Association	



Services & Support Organizations

Support and sponsorship received from the following organizations

American Cancer Society	Arthritis Foundation of America
Care and Share Foundation w/ AASAI	HESSCO
Minuteman Senior Services	Saheil
Samar	Springwell



Media – Print, Broadcast & other Organizations

Support and sponsorship received from the
following organizations

Gunjan	Jhankar
Learn Quest Academy	Lokvani
Sounds of India	



Role of ICC member

- Provide name, email and demographic information (optional)
- Share ideas to influence our direction using email and ICC web site
- You may guide people in need by directing them towards ICC

ICC will inform members of its activities and accomplishment via electronic newsletters and web site.



Role of a member as an advocate

Help increase awareness of ICC and its mission with

- family
- friends
- other community members

Share ICC information with others and encourage them to join.

Volunteerism at ICC



I shall pass through this world but once. Any good therefore that I can do or any kindness that I can show to any human being, let me do it now. Let me not defer or neglect it, for I shall not pass this way again.

--- Mahatma Gandhi



Volunteerism at ICC

“in this life we cannot all do great things,
but we can do small things with great love”
--- Mother Teresa



Role of ICC volunteer

- Provide skills to help fellow community members in need
- Help ICC for behind the scene activities to build and run ICC
- Become a valuable resource and a guide

Volunteers have the flexibility to choose area of volunteering and their availability.

Volunteering

ICC Gems



ICC volunteers choose to help in one or more of the following areas to provide support to fellow community member:

1. Health -- Medical Care, Hospitalization
2. Family Services
3. Crisis Support – death and bereavement
4. Health Insurance and other services Access
5. Food Preparation & Meals Delivery
6. Transportation for medical needs
- 7 Spiritual Counseling and Therapy

Volunteering

ICC Brain Trust



ICC volunteers choose to help in one or more of the following areas to help run the organization:

- Community and Organization outreach
- Web site and Internet Communications
- Volunteer Recruitment, Co-ordinations and management
- Program Management - Fund Raising and Financial Administration



Volunteer Services

- As we provide services, our aim is to help client and their families to get through difficulties or crisis.
- Impact of these services is to make the journey less painful and manageable with the caring and compassionate support of ICC volunteers.

Health Care Proxy & Living Will



ICC informs, educates and empowers community members to attend to this important care decision making

ICC uses Five Wishes® document prepared by Aging With Dignity. This easy to use, widely accepted and proven aid is helping our members to decide:

1. The person I want to make care decisions for me when I can't
2. The kind of medical care I want or Don't want
3. How comfortable I want to be
4. How I want people to treat me
5. What I want my loved ones to know

Health Care Proxy & Living Will



Distributed free of charge

English and other
Bilingual Versions –
Hindi / English
Gujarati / English,
Bengali / English,
Urdu / English

ICC has distributed over 5,500 FREE copies
since January 2008

Our Web site provides valuable information



- Introduction ICC
- Forms for Clients, Volunteers and Members
- Volunteering Case Histories
- Health Care Proxy & Living Will - Five Wishes ®
- Organizations and Events
- Finance – Donors and Expenses
- Information – Women’s Health, Family Care Giver Handbook

Our clients say the following about ICC



“ Prompt response, personal contact and providing help whenever help was needed.”

“ ICC helped deal with the doctors. Great help in planning the cremation at a reasonable cost. I never felt alone”

“ I certainly will try to help (as a volunteer) to our community through ICC”

R.B., Nashua, NH

Our clients say the following about ICC



“ We could not have asked for more support than we got”

“ICC provides much needed services to the community. ICC support is of immense value to the community.”

“ICC made our life easier and enabled us to take care of my mother at home.”

S.M., Needham, MA

Our clients say the following about ICC



“We are very blessed to have contacted ICC. It went above and beyond to help us and exceeded our expectations”

“My father’s death was sudden and unexpected. During that difficult time, ICC acted as an angel that was sent to help us”

P.S., Burlington, MA

Our clients care givers say the following about ICC



- ... I want to thank you and your colleagues for the extraordinary care provided during her life. You were there during each of her visits.
- Seldom I have seen an organization such as yours provide the emotional and physical support that is so needed by cancer patients

Fred Hochberg, M.D. – Neurologist,
Mass. General Hospital



What our clients' care givers say about ICC

- ... I want to commend you on your fine organization.
- ... The work you have done for my young patient has assisted her in so many ways.
- ... But the coordination of her care, and the intervention and understanding you provided Made all the difference in her ability to access the help she needed and to assure her safety and well being at home.
- ... Your intervention with her medical team, assured she understood, and was able to make the best possible decisions regarding her care choices.

Michelle Lucas, Neuro Oncology Soc. Worker,
Mass General Hospital



Our clients care givers' say the following about ICC

- ... My wish for my diverse patient population would be that each and every one had the benefit of an organization so sensitive and compassionate to their individual circumstances, as is yours
- ... You and the volunteers are providing invaluable assistance to people who are frightened and incapable on their own of getting what they need at such a vulnerable time in their lives.

Michelle Lucas, Neuro-Oncology Soc. Worker,
Mass. General Hospital

Indian Circle for Caring USA Inc.,



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Appreciation



We thank you - our supporters for their ideas, suggestions and contributions to be a part of this effort.

Chetan Mepani, Director Community Outreach

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