Planning and Preparing for Retirement Living

Girish A. Mehta, Founder & Executive Director
The Need

- Local Indian population is growing
- Those of retirement age are seeking a community that will meet their needs
What is needed?

• Opportunity for like-minded people to be together
• Enjoy peaceful retirement life without household responsibilities
• Be in the company of people with similar cultural background and value system
• Availability for Indian cuisine
• Access to religious/spirituals, entertainment, physical activities in relaxing environment
• Affordable today and flexible for tomorrow’s need
What may be needed?

• As health situation changes, be able to get assistance in daily living

• Place where there are continuing care facilities – as unpredictable journey of life continues!

• Easy access to health care facility

• Remain connected to friends, family and neighborhood

• Flexibility to make a change based on changing situation
The Solution: India House at New Horizons

A collaborative project between Indian Circle for Caring USA Inc. (ICC) and Cummings Foundation, based on ICC’s identification of a need for an Indian community of this type and Cummings Foundation’s experience in building and operating successful continuing care retirement communities.
Location

New Horizons at Marlborough
home health agencies
continuing care
retirement community
Indian Meals

- Three home-cooked Indian meals daily
- Dedicated Indian chef
- Separate dining room
Indian Culture

• Festivals and celebrations
• Culturally appropriate activities
• Specially designed worship space
Personal Enrichment Offerings

- Heated indoor pool
- Educational classes
- Social activities
- Group outings
- Transportation
- Fitness classes
- Walking trails
- Volunteerism
- Pet therapy
On-campus Amenities

- Hair salon
- Dry cleaner
- Housekeeping

- Hospice care
- Greenhouse
- Banking

- Library
- Meals
- Café
On-campus Health Care Options

- Pharmacy
- Dentistry
- Podiatry
- Physician visits
Continuum of Care

- Personal care assistance
- Assisted living services
- Alzheimer’s care
- Hospice care
High-Value Retirement Living

- Five-year rate lock
- All-inclusive monthly fees
- Fully refundable entrance fee
- Below-market rates
Enjoy the Stability of New Horizons

• Led by the same executive director, Robert O’Connor, since before its opening in 1994.
• Parent organization, Cummings Foundation, is the largest foundation in New England.
• More than $100 million in recent grants, including $38 million awarded in 2014 alone
India House, a strictly not-for-profit venture, is being created in partnership with Indian Circle for Caring USA.
Indian Circle for Caring thanks its supporters for their ideas, suggestions and contributions toward this effort.

Chetan Mepani, Director Community Outreach
Jayanti Patel, Director Volunteering
Yogesh Parikh, Program Director
Girish A. Mehta, Executive Director

Act without delay, as we expect India House will be fully subscribed due to limited availability and a very desired community.

If you are interested in learning more, visiting the community for a no-obligation tour, or meeting with staff and residents, please contact Girish Mehta via email at girishmehta.icc@gmail.com or phone at 781-891-8810.